

Glendenning Public School

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Year 6- Interrelate School Services presents Moving into the Teen Years

Dear Parents/Caregivers,

Interrelate, in conjunction with Glendenning Public School, is offering a course for students in Year 6 to prepare them for High School. *"Moving into the Teen Years"* explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

Interrelate's fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program. Interrelate has more than 90 years' experience in this field and has a reputation for providing excellence in sexuality and relationship education.

Interrelate is committed to protecting the privacy of clients (compliant with the Privacy Act 1998) and maintains an ongoing commitment to quality service delivery.

Where:	Glendenning Public School
Date:	3, 17 and 24 June, 2019
Time:	The program will run from 9.15 am – 2.30 pm
Cost:	\$0 (Free)

Below is an outline of the content for each session.

Session 1:	Session 2:	Session 3:
Who Am I?	Look I'm Changing	What's it all About? / I'm in Charge
Explores the uniqueness of the individual, highlighting personal strengths and enhancing self-concept. Physical differences between males and females are discussed.	Deals comprehensively with the physical and emotional changes experienced at puberty.	 Covers reproduction, conception, fertilisation and foetal development. Practical strategies to assist students deal with issues they may encounter in adolescence are also discussed. Looks at birth, the role of parents, and students' responsibilities in relationships. Areas such as peer pressure, sexually transmissible infections, relationships with family and friends and where to seek support, are also covered.

Please complete the permission note and return to the class teacher by Friday 31 May 2019.

D Meaney Principal 27 May 2019 Mr Keyes Stage 3 Team Leader

Please complete and return to your school.

Year 6 Interrelate - Moving into the Teen Years

I give permission for my child/children _____

Class

To attend three (3) sessions (3, 17 and 24 June, 2019) of Interrelate's *"Moving into the Teen Years"* program as outlined on this note.

Signed _

Parent Contact No Safe Respectful Learners Date ____